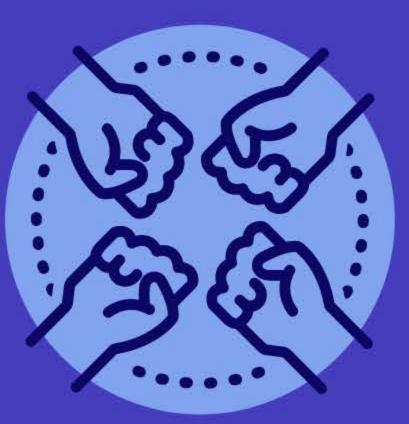
Fall Risk Community Allies



"Alone we can do so little.
Together we can do so much."

- Helen Keller

- Healthy Hearts Lunches
 1st & 3rd Wed @ 12 1 PM
 Broomfield Senior Center
- Blood Pressure Checks
 1st Thurs @ 11 AM 1 PM
 Erie Community Center





- Balance & Stability
 Mon & Weds @ 10:15-11 AM
 Louisville Recreation Center
- Ortho-Bionomy Bodywork
 Nov 15th 2021 @ 9 AM 2 PM
 Lafayette Senior Center
- Move it! Improve it!
 Mon & Thurs @ 1:15 2:15 PM
 Broomfield Community Center
- Beginner Tai Chi
 Weds @ 8 9 AM
 Erie Community Center





- Family HEARING
- Hearing Clinic
 4th Mon @ 1 2:30 PM
 Broomfield Senior Center
- Hearing Screenings
 4th Mon Qrtly @ 12 3 PM
 Erie Community Center
- Hearing Clinic

 1st Mon @ 12 3 PM

 Boulder Age Well Center